

About Us

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Monocacy Start Center is a multi-disciplinary team of professionals that provide services for individuals diagnosed with Autism spectrum disorders and support for their families.

Our services focus on developing and maintaining age-appropriate skills and functional behavior. They work to improve receptive and expressive communication, social interaction, self-regulation, and adaptive living skills.

We are headquartered in Frederick, Maryland and serve clients in Frederick County and the surrounding areas.



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www.monocacycenter.com

Monocacy Start Center ABA Services



Family Guidance and Support

Involvement of parents and caregivers is an essential component of effective ABA programs. Board Certified Behavior Analysts (BCBAs) meet regularly with family members to provide them with guidance in addressing their child's specific needs. This can include helping make sense of behaviors, demonstrating interventions to use in the home, and creating ways to measure progress.

Helping families understand treatment goals and seeing their child's progress is only the beginning of how we support families. Raising a child with autism can be stressful and families are often overwhelmed with this challenge. Our BCBAs tailor support to fit each family's unique circumstances (e.g., caregiver work requirements, involvement with extended family, family events, cultural/ religious activities, etc...). They help parents prepare for their child's activities outside the home (e.g., haircuts, doctor / dental visits, shopping trips, etc...). BCBAs also link families with additional autism resources and community support.

Individual Behavioral Treatment

Monocacy Start Center offers behavioral services provided by Board Certified Behavior Analysts (BCBAs) who specialize in Applied Behavioral Analysis (ABA). ABA is an evidence-based treatment that utilizes scientific principles to understand and improve behaviors.

Our ABA programs begin by gathering information from families, teachers, and other providers, and observing the client in various settings. Out of this collaboration we develop treatment goals that target missing skills and challenging behaviors. Once programs have been developed, the BCBA trains and oversees the treatment team to ensure consistent interventions and effective results.



Social Skills Groups

Monocacy Start Center offers center-based peer groups for children, teens, and young adults on the Autism Spectrum. Our center-based groups offer a safe and structured opportunity for children to develop and practice social skills and maintain healthy relationships with peers. Through these groups, individuals learn conversation skills, how to build friendships and work with others, and ways to deal with conflict. Our groups use games, activities, and lively discussions to make social learning interactive and fun.



Programs and Insurance Coverage

Monocacy Start Center participates with various insurance companies including Blue Cross Blue Shield, Kaiser Permanente, Maryland Medicaid, Tricare, and United Healthcare. We also accept out of network insurance payments when available.

